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***3<sup>rd</sup> INAS Indoor World Championships  
1<sup>st</sup> INAS International Regatta***

***Gavirate 15<sup>th</sup> – 18<sup>th</sup> May 2014***



## MEDAL TABLE

COUNTRY	GOLD	SILVER	BRONZE
HONG KONG	6	3	1
RUSSIA		2	
ITALY		1	4
PORTUGAL			1



### WORLD RECORDS 1000M Mixed 4+ ID

Time	Names	Country	Date
03:56.41	CHENG Chun Yuen HO Chun Yin LIU Wang Sin LEE Wai Yi Cox TANG Wing Yu	Hong Kong	18-05-14

### EUROPEAN RECORDS 1000M Mixed 4+ ID

Time	Names	Country	Date
04:03.64	GROMOV Andrey MILORADOV Vasily VODNEVA Lidila RJBKOVA Zmanna Cox KOSTUKCHINA Irina	Russia	17-05-14

### WORLD RECORDS 1000M INDOOR Men

Time	Names	Country	Date
00:03.17	TSOI Ka Ming	Hong Kong	16-05-14

### EUROPEAN RECORDS 1000M INDOOR Men

Time	Names	Country	Date
00:03.18	Di Donato Francesco	Italy	16-05-14

### WORLD RECORDS 500M INDOOR Men

Time	Names	Country	Date
01:31.5	TSOI Ka Ming	Hong Kong	16-05-14

### EUROPEAN RECORDS 1000M INDOOR Men

Time	Names	Country	Date
01:32.4	Varenano Luca	Italy	16-05-14

## REGATTA 4+ FINAL ONE



GAVIRATE 17/05/2014 - 18/05/2014



**8**

(Event)

**Result List**

**Mix4+**

**K Mix Final A  
Day 17**

**Race 11**

Rank	Lane	Team	Name	500 m.	1000 m.	1500 m.	Arrival time
1	5	HKG	(1) CHENG Chun Yuen (2) HO Chun Yin (3) LIU Wang Sin (4) LEE Wai Yi (9) TANG Wing Yu				04:03:57 1
2	1	RUS	(1) GROMOV Andrey (2) MILORADOV Vasily (3) VODNEVA Lidia (4) RYBAKOVA Zmanna (9) KOSTUKCHINA Irina				04:03:64 2 +0:00:07
3	3	ITA	(1) MENICHELLI Serena (2) TIEGHI Elisabetta (3) VARESANO Luca (4) BORSANI Francesco Maria (9) BARBIERI Margot				04:31:88 3 +0:28:31
4	4	ITA 2	(1) INDELICATO Giorgia (2) BRUNENGO Matteo (3) DAL VERME Carlo (4) SAPIA Marta (9) CORRITORE Yuri				04:33:51 4 +0:29:94

## MACAU AN UNOFFICIAL RUN

5	2	MAC	(1) FONG Chi Fong (2) LAM Chit Wai (3) CHOI Sio Ha (4) WONG MAN Hoi (9) LAO Lal Ieng				07:04:56 5 +3:00:99
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## REGATTA 4+ FINAL TWO



GAVIRATE 17/05/2014 - 18/05/2014



**16**

(Event)

### Result List

*K Mix Final A*  
Day 18

**Mix4+**

Race 135

Rank	Lane	Team	Name	500 m.	1000 m.	1500 m.	Arrival time
1	3	HKG	(1) CHENG Chun Yuen (2) HO Chun Yin (3) LIU Wang Sin (4) LEE Wai Yi (9) TANG Wing Yu				03:56:41 1
2	4	RUS	(1) GROMOV Andrey (2) MILORADOV Vasily (3) VODNEVA Lidia (4) RYBAKOVA Zmanna (9) KOSTUKCHINA Irina				04:11:63 2 +0:15:22
3	2	ITA 2	(1) TIEGHI Elisabetta (2) MENICHELLI Serena (3) BORSANI Francesco Maria (4) VARESANO Luca (9) BARBIERI Margot				04:29:58 3 +0:33:17
4	5	ITA	(1) SAPIA Marta (2) INDELICATO Giorgia (3) DAL VERME Carlo (4) BRUNENGO Matteo (9) CORRITORE Yuri				04:49:64 4 +0:53:23

## MACAU AN UNOFFICIAL RUN

5	1	MAC	(1) FONG Chi Fong (2) LAM Chit Wai (3) CHOI Sio Ha (4) WONG MAN Hoi (9) LAO Lai Ieng				06:18:69 5 +2:22:28
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## INDOOR 500M RESULTS

Man 500 m	h. 4,00 p.m.	final 1	time	h. 4,10 p.m.	final 2	time	
		1 MAC	Lam Chit Wai	2,03.6	1 RUS	Gromov Andrey	1,39.7
		3 HKG	Tsoi Ka Ming	1,31.5	2 HKG	Cheng Chun Yuen	1,32.3
		4 ITA	Altobelli Armando	1,42.8	3 ITA	Varesano Luca	1,32.4
		5 HKG	Ho Chun Yin	1,44.6	4 MAC	Fong Chi Fong	2,21.3
		6 ITA	Bongiovanni Matteo	1,46.3	5 ITA	Di Donato Francesco	1,33.9
		7 POR	Garrote Nelson	1,40.3	6 HUN	Karolj Vincze	*1,41.2
					7 RUS	Miloradov Vasily	1,39.5

Woman 500 m	h. 4,20 p.m.	final 1	time	h. 4,30 p.m.	final 2	time	
		1 POR	Lisboa Carla	1,57.1	1 RUS	Vodneva Lidiia	2,01.8
		2 MAC	Wong Hai Man	2,14.2	2 HKG	Lee Wai Yi	1,50.5
		3 HKG	Liu Wang Sin	1,56.4	3 HUN	Orsolja Meglesi	2,22.4
		4 ITA	Sapia Marta	2,08.9	4 ITA	Tieghi Elisabetta	2,00.3
		5 MAC	Choi Sio Ha	*2,12.0	5 MAC	Chan Sok Ierg	2,17.9
		6 RUS	Rjbakova Zmanna	2,05.6	6 ITA	Quattrociocchi Katia	2,01.9
		7 ITA	Menichelli Serena	2,13.0			

FINAL RESULTS			MAN 500 M			FINAL RESULTS			WOMAN 500 M		
HKG	Tsoi Ka Ming	1,31.5	HKG	Lee Wai Yi	1,50.5						
HKG	Cheng Chun Yuen	1,32.3	HKG	Liu Wang Sin	1,56.4						
ITA	Varesano Luca	1,32.4	POR	Lisboa Carla	1,57.1						
ITA	Di Donato Francesco	1,33.9	ITA	Tieghi Elisabetta	2,00.3						
RUS	Gromov Andrey	1,39.7	RUS	Vodneva Lidiia	2,01.8						
POR	Garrote Nelson	1,40.3	ITA	Quattrociocchi Katia	2,01.9						
ITA	Altobelli Armando	1,42.8	RUS	Rjbakova Zmanna	2,05.6						
ITA	Altobelli Armando	1,42.8	ITA	Sapia Marta	2,08.9						
HKG	Ho Chun Yin	1,44.6	ITA	Quattrociocchi Katia	2,01.9						
ITA	Bongiovanni Matteo	1,46.3	ITA	Menichelli Serena	2,13.0						
RUS	Miloradov Vasily	1,39.5	MAC	Wong Hai Man	2,14.2						
MAC	Lam Chit Wai	2,03.6	MAC	Chan Sok Ierg	2,17.9						
MAC	Fong Chi Fong	2,21.3	HUN	Orsolja Meglesi	2,22.4						
HUN	Karolj Vincze	N/E	MAC	Choi Sio Ha	N/E						



## INDOOR 1000M RESULTS

Man 1000 m	h. 10,30 a.m.	final 1	time	h. 10,40 a.m.	final 2	time	
1	MAC	Lam Chit Wai	00.04.25	1	RUS	Gromov Andrey	00.03.24
2	RUS	Miloradov Vasily	00.04.16	2	HKG	Cheng Chun Yuen	00.03.19
3	HKG	Tsoi Ka Ming	00.03.17	3	ITA	Varesano Luca	00.03.21
4	ITA	Di Donato Francesco	00.03.18	4	MAC	Fong Chi Fong	00.04.57
5	HKG	Ho Chun Yin	00.03.38	5	ITA	Altobelli Armando	00.03.41
6	ITA	Bongiovanni Matteo	00.03.41	6	POR	Garrote Nelson	00.03.28
7	HUN	Karolj Vincze	00.03.40				

Woman 1000 m	h. 10,50 a.m.	final 1	time	h. 11,00 a.m.	final 2	time	
1	ITA	Quattrociocchi Katia	00.04.38	1	RUS	Vodneva Lidiia	00.04.18
2	HKG	Lee Wai Yi	00.03.54	2	ITA	Menichelli Serena	00.04.30
3	HKG	Liu Wang Sin	00.04.01	3	POR	Lisboa Carla	00.04.13
4	ITA	Sapia Marta	00.04.37	4	MAC	Wong Hoi Man	00.04.43
5	HUN	Orsolja Megjesi	00.05.03	5	ITA	Tiegghi Elisabetta	00.04.12
6	MAC	Choi Sio Ha	00.04.56	6	MAC	Chan Sok Ierg	00.04.35
7	RUS	Rjbakova Zmanna	00.04.24				

FINAL RESULTS			MAN 1000 M	FINAL RESULTS			WOMAN 1000 M
HKG	Tsoi Ka Ming	00.03.17		HKG	Lee Wai Yi	00.03.54	
ITA	Di Donato Francesco	00.03.18		HKG	Liu Wang Sin	00.04.01	
HKG	Cheng Chun Yuen	00.03.19		ITA	Tiegghi Elisabetta	00.04.12	
ITA	Varesano Luca	00.03.21		POR	Lisboa Carla	00.04.13	
RUS	Gromov Andrey	00.03.24		RUS	Vodneva Lidiia	00.04.18	
POR	Garrote Nelson	00.03.28		RUS	Rjbakova Zmanna	00.04.24	
HKG	Ho Chun Yin	00.03.38		ITA	Menichelli Serena	00.04.30	
ITA	Altobelli Armando	00.03.41		MAC	Chan Sok Ierg	00.04.35	
ITA	Bongiovanni Matteo	00.03.41		ITA	Sapia Marta	00.04.37	
RUS	Miloradov Vasily	00.04.16		ITA	Quattrociocchi Katia	00.04.38	
MAC	Lam Chit Wai	00.04.25		MAC	Wong Hoi Man	00.04.43	
MAC	Fong Chi Fong	00.04.57		HUN	Orsolja Megjesi	00.05.03	
HUN	Karolj Vincze	N/E		MAC	Choi Sio Ha	N/E	